



SEETHALAKSHMI RAMASWAMI COLLEGE (Autonomous)

Affiliated to Bharathidasan University
TIRUCHIRAPPALLI, TAMILNADU, INDIA - 620 002
Accredited with A+ Grade by NAAC (4th Cycle)



DEPARTMENT OF HOME SCIENCE & MANASA CLUB

with

INSTITUTION'S INNOVATION COUNCIL

Organizes

a Special Lecture on

RESILIENCE AMONG ADOLESCENCE



K. GAYATHRI MAHATHI,
Psychotherapist, Writer
Tamilnadu Arts & Literature Association
State President.

FEBRUARY 15, 2025 AT 03.00 P.M.

Venue: Annapoorna Hall

All are cordially invited



**DEPARTMENT OF HOME SCIENCE & MANASA CLUB
WITH
INSTITUTION'S INNOVATION COUNCIL**

Agenda

Prayer Song

: Students

Welcome Address

: Dr C. Anitha,
Manasa Club Co-ordinator,
Assistant Professor,
Department of Home Science,
Seethalakshmi Ramaswami College,
Tiruchirappalli.

Special Lecture

: K. Gayathri Mahathi,
Psychotherapist, Writer
Tamilnadu Arts & Literature Association
State President

Vote of Thanks

: Dr R. Saraswathy ,
Manasa Club Co-ordinator,
Assistant Professor,
Department of Tamil,
Seethalakshmi Ramaswami College,
Tiruchirappalli.