



SEETHALAKSHMI RAMASWAMI COLLEGE
(AUTONOMOUS)
Affiliated to Bharathidasan University
Tiruchirappalli
Accredited with A+ by NAAC (4th Cycle)



PG Department of Computer Science

Jointly with

Centre for Ethics & Human Values

**Organizes a Seminar
on**

**The Art of Self-Discipline:
Unlocking Success and Lasting Fulfilment**

Speaker

Dr. S. USHA M.A., M.Phil., Ph.D.

Associate Professor

Department of Sanskrit

Seethalakshmi Ramaswami College,

Tiruchirappalli.



Time: 2.00 P.M.

Date: 17.02.2025

Venue: MEDHA SARASWATHI HALL

ALL ARE CORDIALLY INVITED

