



SEETHALAKSHMI RAMASWAMI COLLEGE

(Autonomous)

**Affiliated to Bharathidasan University
Tiruchirappalli**

Accredited with A+ by NAAC (4th Cycle)



Centre for Ethics & Human Values

*cordially invites you all for
an online*

WORKSHOP ON HUMAN VALUES

Resource Person

Mrs. R. Brindha

Counselling Psychologist

Vellalar Institutions

Erode



Session I : Stress & Mental Health

Session II: Prevention & Safety



Venue: Siddhi Lakshmi Hall

Date: 03.10.2024

Time: 2.00 p.m.