



**SEETHALAKSHMI RAMASWAMI COLLEGE
(AUTONOMOUS)**

TIRUCHIRAPPALLI

Accredited with A+ by NAAC (4th Cycle)



MANASA CLUB & NSS

with

Institution's Innovation Council

Jointly organizes

**An Awareness Programme
on**

Overcoming Exam Anguish

Resource Person

Dr. Priyanka R M.D. Psychiatry,

Senior Resident, Department of Psychiatry,

***Trichy SRM Medical College Hospital and Research Centre,
Irungalur Tiruchirappalli.***

Time : 2.00 p.m. - 3.30 p.m.

Date : 30.09.2024

Venue : Medha Saraswathi Hall

All are cordially invited



MANASA CLUB & NSS
with
Institution's Innovation Council

Agenda

Prayer Song : **Students**

Welcome Address : **Ms C. Anitha,**
Manasa Club Co-Ordinator,
Assistant Professor,
Department of Home Science,
Seethalakshmi Ramaswami College,
Tiruchirappalli.

Special Lecture : **Dr Priyanka R M.D Psychiatry,**
Senior Resident, Department of Psychiatry,
Trichy SRM Medical College
Hospital and Research Centre, Irungalur
Tiruchirappalli.

Vote of Thanks : **Dr R. Thilagam,**
NSS Program Officer,
Assistant Professor,
Department of Tamil,
Seethalakshmi Ramaswami College,
Tiruchirappalli.

