



SEETHALAKSHMI RAMASWAMI COLLEGE
(AUTONOMOUS)

TIRUCHIRAPPALLI

Accredited with A+ by NAAC (4th Cycle)



**MANASA CLUB
YRC & RRC**
with
Institution's Innovation Council

Jointly organizes

An Awareness Programme
on

'Managing Negative Emotions and Thoughts'

Resource Person

Dr. K. RONALD ROY M.D. Psychiatry,

Assistant Professor

Department of Psychiatry,

SRM Medical College Hospital and Research Centre,

Tiruchirappalli.



Time : 11.00 a.m. - 12.30 p.m.

Date : 13.09.2024

Venue : Medha Saraswathi Hall

All are cordially invited