

## About the Institution

Seethalakshmi Ramaswami College, an autonomous institution, affiliated to Bharathidasan University, Tiruchirappalli, accredited by NAAC with A+ grade (4th cycle) is a renowned women's institution in Tamil Nadu. This college which had a humble beginning in 1951 now offers 24 Undergraduate programmes, 15 Postgraduate programmes, 7 M.Phil. programmes, 8 Ph.D. programmes, 1 Community College course (Sericulture), and 5 B.Voc. programmes. The college has been awarded research funds from DBT under Star College Scheme to the tune of 18 lakhs, to strengthen the Undergraduate Life Science programmes (Botany and Zoology) and 1 crore DST-FIST college level category I, comprising all Science departments. The department of Mathematics received 28 lakhs, department of Physics received 38 lakhs and department of Chemistry received 32 lakhs at department level DST-FIST fund.

Seethalakshmi Ramaswami College was one of the first colleges in Tiruchirappalli to opt for autonomous status in the year 1987. This has allowed us to experiment and innovate in curricular aspects. Another first to its credit is that Seethalakshmi Ramaswami College happened to be one of the first 7 colleges in the country to be accredited by the National Assessment and Accreditation Council (NAAC) in 1999. The institution is marching ahead successfully by empowering women through quality education on the strong foundation of ethical, moral and cultural values. The college is aspiring to scale greater heights as a institution for higher education, serving the motto "Nothing Equals Wisdom"

## About the Department

B.A. Music was started in the year 1966 under the aided section. Since its inception, the students have secured I rank consecutively. Being the favourite subject of our founder, M.A. Music was also started in 1987 under self - financed section. Students of the department have participated in the All India level Virundaganam competition conducted by All India Radio and secured I and II prizes in classical and folk music for 31 years. The Alumnae of the department are now working as Programme Executive in All India Radio, Comperers in media, officers in Railways under cultural quota, Dean and professors in Universities, and Colleges, Music teachers in schools, performing artists both Carnatic and light music and running own music schools. National and international webinars, workshops and various trading programmes have been successful organised by the Department.

Under MoU, the Department has released an album, for special children. Every year the department organizes Thyagaraja Aradhana and celebrates it in a great manner. Music programs in various places were given by faculty and students of the department. Faculty members have received many awards.



## Patrons

*Sri R. Panchapakesan*  
Managing Trustee

*Sri Ramani Panchapakesan*  
Executive Director

*Dr. Kannan Panchapakesan*  
Director - Academics

## Co - Patron

*Shri. M. Muthusamy*  
Secretary

*Dr. M. V. Alli*  
Principal

*Convenor & Organizing Secretary*

*Dr. C. Lalithambal*  
Assistant Professor & Head  
Department of Music

*Organizing Committee*  
*Ms. V. Kamalasri*  
Lecturer



SEETHALAKSHMI RAMASWAMI COLLEGE

(Autonomous)

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## DEPARTMENT OF MUSIC

organizes

**National Virtual Workshop**

on

*Enhancing Vocal Resonance  
through Yoga*



Resource Person

**Mr. R. Venkataraman**

Dip. in Yoga, Yoga Instructor

Founder & Managing Trustee

Agasti Life Science  
Chennai

**Date: 13.08.2024 & 14.08.2024**

**Time: 1.30 p.m. - 2.30 p.m.**



## About the Workshop

Voice Culture is the process of bringing the voice under control. Though voice is used for both speaking and singing, the technique of voice production for singing is more complex. All varieties of voice intonation and voice leveling can be mastered only by developing correct breathing techniques and the capacity to hold and release the breath according to need. Incorrect breathing can cause hamper voice production. Yoga and Pranayama also integrate the voice training methods through a set of selected asanas, breathing exercises and meditation. These practices helps to develop the voice and tones of the voice.

To strengthen and enrich the vocal chords of Teaching Fraternity and Vocalist through yoga is the main intention of this workshop.



### Registration Link:

<https://forms.gle/i9AAxV3W76MaezKf9>

### Google Meet Link:

<https://meet.google.com/fur-dhvm-uir>

### Contact details:

**Dr.C.Lalithambal - 9123589892**



## Registration Details

**Faculty & Others Rs. 300**

**(Have to upload fee receipt)**

**Students Rs. 200**

**(Have to upload ID card and fee receipt)**

### Fee Remittance Account Details

**Account Number : 110112327605**

**Name of the Account: Seethalakshmi  
Ramaswami  
College**

**IFSC Code : CNRB0016365**

**MICR Code : 620015053**

**Bank Name : Canara Bank**

**Bank Branch : SR College Branch  
Tiruchirappalli**

**Please mention your NAME and  
type (EVRTY) while making  
payment**