



**SEETHALAKSHMI RAMASWAMI COLLEGE
(AUTONOMOUS)**

TIRUCHIRAPPALLI

Accredited with A+ by NAAC (4th Cycle)



MANASA Club– Mental Wellness



Topic: Self-Awareness and Psychosocial Education

Resource Person

Dr. S. SIVARAMAN M.D. Psychiatry,

Professor & Head of the Department,

Department of Psychiatry,

SRM Medical College Hospital and Research Centre,

Tiruchirappalli



Time : 11.00 am – 12.30 pm
Date : 09.08.2024
Venue : Medha Saraswathi Hall



All are cordially invited

AGENDA

Prayer

Music Department

Welcome Address

Dr. S. SANTHI

Self-Financed Section I/C

Associate Professor

PG and Research Department of Chemistry

Seethalakshmi Ramaswami College

Tiruchirappalli

Inaugural Address

Dr. M. V. ALLI

Principal

Seethalakshmi Ramaswami College

Tiruchirappalli

Presidential Address

Dr. S. SIVARAMAN M.D. Psychiatry,

Professor & Head of the Department,

Department of Psychiatry,

SRM Medical College Hospital and Research Centre,

Tiruchirappalli

Vote of Thanks

Ms. C. ANITHA M.Sc., M.Phil., (Ph.D)

Assistant Professor /Seln.

Department of Home Science

Seethalakshmi Ramaswami College

Tiruchirappalli