

# SEETHALAKSHMI RAMASWAMI COLLEGE

(Autonomous)

Affiliated to Bharathidasan University

Tiruchirappalli

Accredited with A+ by NAAC (4<sup>th</sup> Cycle)

Centre For Ethics & Human Values

&

Department of Physical Education

*In Collaboration with*

krishnamacharya Yoga Mandiram, Chennai

*Celebrate*

## INTERNATIONAL YOGA DAY - 2024

**DATE: 20.06.2024**

**Theme:**

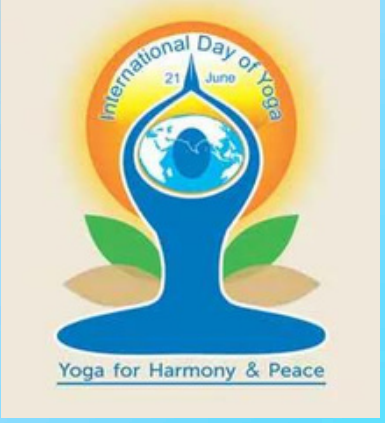
### Yoga for Self & Society

**Venue:**

**Manickavinayagar Open Air Theatre**

**TIME:**

**03.00 p.m.**



# Programme

**Prayer**

**Department of Music**

**Welcome Address:**

**Dr. S. Usha**

**Associate Prof. of Sanskrit**

**Inaugural Address:**

**Dr. M. V. Alli**

**Principal i/c**

**Seethalakshmi Ramaswami College**

**Tiruchirappalli**

**Yoga Day Address &  
Protocol:**

**Ms. Charulatha &**

**Ms. Bhooma Madhavan**

**Senior Yoga Teachers, KYM, Chennai**

**Vote of Thanks:**

**Dr.T. Suthamathi**

**Associate Prof. & Physical Director**

