



SEETHALAKSHMI RAMASWAMI COLLEGE

(AUTONOMOUS)

Affiliated to Bharathidasan University
Tiruchirappalli
Accredited with A+ (4th Cycle) by NAAC



RESEARCH DEPARTMENT OF ZOOLOGY

Save Green Club

in collaboration with

OISCA International, Japan

Organizes

A Lecture on

“HEALTHY WAY OF LIVING”

Resource Person



Dr. R. Sugumar BNYS., D.Acu., M.S.,(Psy),

Naturopathy & Yoga, Su-Jok, Acupuncture consultant,

SHRI JAYARANGHA,

Nature Cure Hospital & Yoga Research Centre.

DATE : 09.10.2023

TIME : 02.30 – 03.30pm

VENUE : Vidhya Ganapathi Hall

ALL ARE CORDIALLY INVITED