



**SEETHALAKSHMI RAMASWAMI COLLEGE**

(AUTONOMOUS)

Affiliated to Bharathidasan University  
Tiruchirappalli-620002, Tamilnadu, India  
Accredited with A+ by NAAC (4th Cycle)



Department of Nutrition and Dietetics

National Millets Mission-2023

Photography Contest



Theme "Millets"

The Super Food of India



for all college students



**GUIDANCE**

- Image concept should adhere the theme of contest.
- The picture can be from a cultivation site/ processing unit/ preparation technique/millets food/consuming Spot/ any other related.
- The picture to be submitted along with a captivating statement.
- The picture preferably should be of highest resolution if possible. It can be in Landscape or Portrait.
- Photo can be either in color or black & white mode.
- Images must be of participant's original work and plagiarism should be strictly avoided.
- Photographs that have been digitally altered beyond standard optimization (removal of dust, cropping, reasonable adjustments to exposure, color and contrast, etc.) will be disqualified.
- Participation will be appreciated with e-certificate.
- Winners will be awarded with title and Cash prize
- The event will be judged by a panel of experts from respective field

*The event is opened for all college students from any discipline*

**Last Date of Registration and Submission**

**March 17**

**Registration Free!**

**Share the winning Picture !**

**Grab your Prizes !**



**Join the Mission !**

Contact

N.Chellam

9150863441

Scan QR Code or click link for Registration and Submission

<https://forms.gle/yTcaEQouUjZyA1Lv8>

Let's celebrate International Year of Millets !





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## Our Institution

Seethalakshmi Ramaswami College is a renowned women's institution. It is an autonomous institution affiliated to Bharathidasan University, Tiruchirappalli, Tamil Nadu. At the time when women's education was not much favored in the society, our founder Padmabushan Shri. N.Ramaswami Ayyar founded the institution with the noble purpose of educating them. His ardent desire was to provide modern education to women in the background of the rich Indian culture. Autonomy was conferred in 1988 and the college utilizes autonomy especially in the fields of Curricular Aspects, Teaching, Learning and Evaluation to impart quality education. The institution celebrated its Diamond Jubilee (1951-2011) and is marching ahead successfully. Every year more than 4000 graduates leave this portal of learning with adequate orientation in Indian tradition and culture. The College offers 24 UG and 17 PG programmes. 8 departments are with Research status. Abreast with the sacred mission of our Honorable Prime Minister, in promoting an economically self-supporting and entrepreneurial society through National Skill Qualification Framework (NSQF), our college was selected by UGC to offer a programme on Sericulture under Community College Scheme and 5 B.Voc. programmes namely Electronic Circuit Designing & Electrician, Fashion Technology & Apparel Designing, Food Processing, Horticultural Science and Yoga alternate therapy for the remote, rural women folk of Tiruchirappalli. It is also one of the first 7 colleges in the country to be accredited by the National Assessment and Accreditation Council (NAAC) in 1999. In the recent fourth cycle assessment by NAAC, the college was accredited with the prestigious A + grade in recognition of its all around academic excellence, research performance and social outreach activities.

## Our Department

The department of Nutrition and Dietetics was incepted in the year 1983. The undergraduate programme in Nutrition and Dietetics includes the complete study of basic components of foods; their nutrients, chemistry and metabolism; technology involved in food processing and preservation; food safety; functional food and nutrigenomics; meal planning, quantity food production and therapeutic dietary modifications with a focus on human health and well-being. Nutrition is the foundation for good health that is a vital component of national development. The department is making concerted efforts to achieve the national goal of "Health for All" through its continuous societal outreach activities in the rural areas serving the women and children, there by realizing the vision of our esteemed institution. Since its inception, the department has directed its activities towards development of the community to shape the prospective academicians, administrators, researchers, entrepreneurs and health conscious citizens. B.Voc. Food Processing was awarded in 2018 by the University Grants Commission under the National Skill Development Corporation (NSDC) which is a flagship programme of the Skill India Initiative. It is a three years Undergraduate Programme that aims at imparting practical and industry relevant skill in the domains of food processing and food technology produce employable work force.

## The Event

National Millets Mission-2023 is a pride of our Nation, as the entire world is celebrating this year as the International Year of Millets. Seethalakshmi Ramaswami College's Nutrition and Dietetics Department Association takes pride in aligning with our National Mission to promote millets awareness by organizing several events. 'National Photography Contest' is one such event which was coined under the theme "Millets-The Super food of India" which encourages the college student community to increase their awareness on millets.

### Patron

Sri.R.Panchapakesan

Managing Trustee

Sri. Ramani Panchapakesan

Executive Director

Dr.Kannan Panchapakesan

Director-Academics

### Co-Patron

Dr.M.Vasuki

Principal

Dr.R.Vijayalakshmi

Self-Financed Section i/c

### Convenor

Dr.L.Jayaprada, Associate Professor & Head

Department of Nutrition & Dietetics

### Organizing Secretary

N.Chellam, Associate Professor

Department of Nutrition & Dietetics

### Organizing Committee

Dr.R.Sukthi, Associate Professor

Department of Nutrition & Dietetics

Dr.M.V.Alli, Associate Professor

Department of Nutrition & Dietetics

Dr.S.Ithayamalar, Assistant Professor

Department of Nutrition & Dietetics