

SEETHALAKSHMI RAMASWAMI COLLEGE

(Autonomous)

Affiliated to Bharathidasan University, Tiruchirappalli, Tamil Nadu

Accredited with A⁺ by NAAC (4th Cycle)



**DEPARTMENT OF NUTRITION AND DIETETICS
&
B.Voc. FOOD PROCESSING**

NATIONAL NUTRITION MONTH – 2021

THEME : “FEED SMART RIGHT FROM THE START”

UGC SPONSORED ONE DAY NATIONAL WEBINAR

“NUTRITION AND WELLNESS”

30.09.2021(10.00 a.m. to 1.00 p.m.)

Registration Link: <https://forms.gle/ExLBiUVkBpmb9BVaA>

- PROGRAMME** : **10.00 a.m.**
Welcome Address : **Mrs. L. Jayaprada**
Associate Professor and Head
Department of Nutrition and Dietetics
Seethalakshmi Ramaswami College,
Tiruchirappalli
- Presidential Address** : **Dr. M. Vasuki**
Principal (i/c)
Seethalakshmi Ramaswami College
Tiruchirappalli
- Felicitation** : **Dr. S. Kala**
Associate Professor
Dean of Quality & Research
Seethalakshmi Ramaswami College
Tiruchirappalli
- Session - I** : **10.30 a.m. - 11.30 a.m.**
Topic : **“ PROMOTING HEALTH FOR CHILDREN AND ADOLESCENTS ”**
Speaker : **Dr. D. Vijayarani**
Associate Professor
Department of Home Science
V.V.V.College
Virudhunagar
- Session - II** : **11.30 a.m. - 12.30 p.m.**
Topic : **“ OPTIMIZING WOMEN’S HEALTH THROUGH NUTRITION ”**
Speaker : **Dr. G. Gayathri**
Assistant Professor
Faculty of Allied Health Sciences
Department of Clinical Nutrition
Sri Ramachandra Institute of Higher Education and Research
Chennai
- Vote of Thanks** : **Mrs. R. Sakthi**
Associate Professor
Department of Nutrition and Dietetics
Seethalakshmi Ramaswami College
Tiruchirappalli

