



SEETHALAKSHMI RAMASWAMI COLLEGE

(Autonomous)

Tiruchirappalli

Accredited with A+ by NAAC (4th Cycle)



*Home Science Association
celebrates the National Nutrition Week
VICTUALS' 2k26 - 1-7 September 2026*



Nourish to Flourish: Healthy Food, Healthy Life

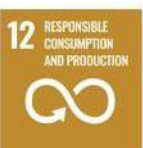
Core Focus on

- Raising awareness about balanced diets***
- Tackling malnutrition***
- Encouraging practical, healthy food choices***



Venue : Home Science Block

Date : 1 - 3 September 2026



All are cordially invited

