



SEETHALAKSHMI RAMASWAMI COLLEGE
(Autonomous)
Tiruchirappalli

Accredited with A+ by NAAC (4th Cycle)



DEPARTMENT OF BOTANY

Botany Association & Phytoclub
jointly organize



a meeting on

“Ancient Silambam for Modern Physical Fitness”



Resource Person

Ms. Priyadarshini Boominathan

III B.Sc Computer science

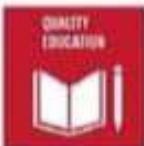
Silambam Trainer

Seethalakshmi Ramaswami College,
Tiruchirappalli

Date : 20.02.2026

Time : 2.00 p.m.

Venue : Administrative Block



1951 → Platinum Jubilee → 2026