



SEETHALAKSHMI RAMASWAMI COLLEGE
(Autonomous)
Tiruchirappalli

Accredited with A+ by NAAC (4th Cycle)



DEPARTMENT OF BOTANY

Botany Association & Phytoclub
jointly organize
a meeting on



“Ancient Silambam for Modern Physical Fitness”



Resource Person

Ms. Priyadharshini Boominathan

III B.Sc Computer science

Silambam Trainer

**Seethalakshmi Ramaswami College,
Tiruchirappalli**

Date : 20.02.2026
Time : 2.00 p.m.
Venue : Administrative Block

