B EN ME COLLEGE

SEETHALAKSHMI RAMASWAMI COLLEGE

(Autonomous)

Tiruchirappalli

Accredited with A+ by NAAC (4th Cycle)



DEPARTMENT OF PHYSICAL EDUCATION



organises ALUMNAE LECTURE SERIES





Topic: Career Paths in Sports

Resource Person
Mrs.J.Suganthi
Physical Directress
Savitri Vidyasala Hindu Girls Hr.Sec.School
Tiruchirappalli



Topic: Excelling in Academics & Athletics

Resource Person
Dr.N.Kalpana
Physical Education Teacher
Savitri Vidyasala Hindu Girls Hr.Sec.School
Tiruchirappalli

Date: 03.07.2025

Time: 02.00.p.m - 04.00.p.m Venue: English Language Lab