

1. Name : Dr. M.V. Alli  
 2. Designation : Associate Professor  
 3. Academic Qualification : M.Sc., M.Phil., Ph.D(NET,SLET)



Exam Passed	Board / University	Year
High School	Matriculation Board	1986
Higher Secondary or Pre Degree	State Board	1988
Bachelor's Degree (s)	Madras University	1991
<b>Master's Degree (s)</b>		
(M.Sc)	Avinashilingam Deemed University	1993
(M.Phil)	Avinashilingam Deemed University	1994
SLET	Bharathidasan University	1999
NET	UGC	1999
Research Degree (s)	Avinashilingam University for Women	2012
Other Diploma / Certificates etc.	Infoschool	2003
	Spire	2013

4. Experience:

- UG : 22 years  
 PG : NA  
 M.Phil. : NA

5. Area of Specialization : Food Science and Nutrition

6. Research Papers Presented: 26

7. Research Papers Published:17

8. Books published (if any):2

## 9. Teaching Experience

<b>Courses Taught</b>	<b>Name of the University / College/ Institution</b>	<b>Duration</b>
i. U.G	Seethalakshmi Ramaswami College, Bharathidasan University, Trichy	2000- till date
ii. M. Phil	IGNOU	2002-2004
iii. Any other	Jawahar Science College, Neyveli, Madras University	1994 - 2000

## 10. Research Experience & Training

<b>Research Stage</b>	<b>Title of Work / Theses</b>	<b>University where the work was carried</b>
M. Phil or equivalent	“Development of a Calendar of Beta Carotene Rich Foods in Coimbatore District and Determination of Cooking Losses”	Avinashilingam Deemed University
Ph. D	“Promoting Nutritional Status and Behaviour Pattern OF Autistic Children Through Dietary Intervention”	Avinashilingam University for Women
Training	Training in Office Automation & Internet Concepts	Seethalakshmi Ramaswami College, Trichy

### 11. Research Projects carried out

<b>Title of the Project</b>	<b>Name of the funding agency</b>	<b>Duration</b>	<b>Remarks</b>
“Dissemination of Nutritional Awareness to the Rural Women of Trichy District through Information Communication Technology”	UGC	2007 - 2009	Completed

### 12. Awards and Recognition

- **Award of Teacher fellowship** under FDP during XI plan of UGC from 21.10.2009- 20.10.2011
- Recognition as **Research Adviser** in **Nutrition and Dietetics** of **Bharathidasan University**
- **Dr.Radhakrishnan Gold Medal Award for Outstanding Contribution to Education and National Development** instituted by GEPR on 04.09.2016
- **Young Scientist Award** in **Community Nutrition**, at the 48<sup>th</sup> National Conference of the Nutritional Society of India, St. Johns Research Institute, Bangalore on 05.11.2016

### 13. Patent Applied

<b>Title</b>	<b>Application Number</b>	<b>Place</b>	<b>Applied Date</b>	<b>Published Date</b>
Biscuits for Health Promotion, Skill Development and Behaviour Modification in Autism	4517/CHE/2013	Indian Patent Office, Chennai	07.12.2013	10.04.2015

#### 14. Seminars, Conferences, Symposia, Workshop etc. attended

<b>S. No</b>	<b>Name of the Seminar/ Conference/ Symposia Workshop, etc.</b>	<b>Name of the Sponsoring Agency</b>	<b>Place &amp; Date</b>	<b>Level</b>
1.	Training programme on "Health Management Info. System"	Centre For Development Research And Training	Seethalakshmi Ramaswami College, Trichy. 31.07.00 to 2.08.00	-
2.	Training programme on "Social Research Methodology"	Centre For Development Research And Training	Seethalakshmi Ramaswami College, Trichy. 18.09.00 to 20.09.00	-
3.	Training programme on "Social Mobilisation"	Centre For Development Research And Training	Seethalakshmi Ramaswami College, Trichy. 8.12.00 to 11.12.00	-
4.	Workshop on "Herbal Way of Living in the New Millenium"	UGC	St. Joseph's College, Trichy 27.02.03	-
5.	XXXVI Annual National Convention of the Indian Dietetic Association	IDA	Women's Christian College, Chennai. 5.12.03 & 6.12.03	National
6.	Conference on "Food Technology"	Ministry of Food Processing Industries, Govt. of India	Indian Institute of Crop Processing Technology, Thanjavur, 22.12.04 & 23.12.04	National
7.	Awareness & Sensitisation Programme on "Ethics & Human Values"	UGC	Seethalakshmi Ramaswami College, 18.01.2006 & 19.01.2006	National

8.	Seminar on “Directions and Strategies for Quality Management in Accredited Institutions: Changing Needs and Educational Concerns”	NAAC	Seethalakshmi Ramaswami College, Trichy 23.02.06- 24.02.06	Regional
9.	Seminar on “Recent Trends in Nutritional Sciences”	Department of Food Science and Nutrition & Dept. of Adult, Continuing Education, Extension and Field outreach.	Avinashilingam Deemed University, Coimbatore. 15.03.06 &16.03.06	National
10.	Training on” Higher Education of Students with Hearing Impairment”	State Resource Cum Training Center	T.S.S.S, Trichy 9.03.2007	State
11.	Workshop “Psych Watch 2007”	P.G. Dept. of Social Work, Shrimathi Indira Gandhi College	Srimathi Indira Gandhi College, Trichy 8.10.2007 & 9.10.2007	Regional
12.	Awareness programme on “Biodiversity & conservation”	National biodiversity Authority, Govt. of India	J. J. College of Arts & Science, Pudukkottai, 3.4.'08	National
13.	Hunger free World	Ministry of Food Processing Industries, Indian Institute of Crop Processing Technology	Thanjavur, 16.10.08-17.10.08	National
14.	Seminar on “Sensitization of Social and Inclusive Policy”.	UGC	Bharathidasan University, 18.11.'08	National

15.	Conference on NUTRIFE[A]ST 2008	Nutrition Society of India	Chennai 20.11.'08 to 22.11.'08	National
16.	Seminar on "Nutritional Challenges- Past, Present and Future"	-	Department of Food Science, Periyar University, Salem, 27.02.09	National
17.	Seminar on "Challenges of Quality Sustenance and Enhancement in Arts and Science Education"	NAAC	Seethalakshmi Ramaswami College, Trichy 11.08.09- 12.08.09	National
18.	Seminar on "Gearing Home Science Curriculum towards Better Career Prospects".	Home Science Association of India, South Region & Avinashilingam Advanced Centre for education & Research in Basic Sciences.	Avinashilingam University for Women, 21.8.'09 & 22.8.'09	Regional
19.	Conference on Food Technology INCOFTECH 2009	Ministry of Food Processing Industries, Govt. of India	Indian Institute of Crop Processing Technology, Thanjavur, 28.8.'09 & 29.8.'09	International
20.	Workshop cum training on "Career and Business Prospects in Food Processing"	Ministry of Food Processing Industries, Govt. of India	Cauvery College for Woman, Trichy, 19.12.2009 & 20.12.2009.	National
21.	Seminar on "Industry – Academia Synergy to Enhance Food Security through Processing and Value Addition"	Ministry of Food Processing Industries, Govt. of India	Indian Institute of Crop Processing Technology, Thanjavur, 6.03.2010 & 7.03.2010.	International

22.	Workshop on “Indian Scale for Assessment of Autism (ISAA)”	Dept. of Rehabilitation Science	Holy Cross College, Trichy, 29.03.2010 & 30.03.2010.	National
23.	Workshop on “Path Finder – Explore, Experiment, Elucidate Research: A Colloquium – 2010”	Avinashilingam Deemed University for Women.	Avinashilingam Deemed University for Women, Coimbatore, 22.12.2010 & 23.12.2010.	National
24.	Conference on “Healthy Heart – a Lifeline to Healthy Life”	Pepsico & UGC	Avinashilingam Deemed University for Women, Coimbatore, 18.01.2011 & 19.01.2011.	National
25.	Seminar on “Holistic Maternal and Child Nutrition”	Nestle Nutrition Institute	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, 22.09.2011.	National
26.	Conference on “Economic Transition in Nutrition- Lifestyle Diseases & Health and Nutrition Wellness”	NSI	National Institute of Nutrition, Hyderabad, 11.11.2011 & 12.11.2011	National
27.	Seminar on “Promises and Challenges of using Nanomaterials in Clinical Application”	TamilNadu State Council for Higher Education	Seethalakshmi Ramaswami College, Trichy. 29.08.2012 & 30.08.2012	State
28.	Workshop on “Reform of Undergraduate and Postgraduate Curriculum for Enhancing Employability”	Curriculum Development Cell	Bharathidasan University, Trichy 22.09.2012	

29.	Conference on “Food Processing Technologies – Challenges & Solutions for Sustainable Food Security”	Ministry of Food Processing Industries, Govt. of India	Indian Institute of Crop Processing Technology, Thanjavur, 04.01.2013 & 05.01.2013	International
30.	Conference on “Advances in Biotechnology and Patenting”	DBT, CSIR, ICMR, DRDO, Ministry of Earth Sciences, BDU, NABARD	Bharathidasan University, Trichy. 18.02.13 - 21.02.13	International
31.	Seminar on “Yoga towards Enhancement in Sports”	UGC	Seethalakshmi Ramaswami College, Trichy. 26.09.13-28.09.13	National
32.	Seminar on “Art in Every Day Life”	UGC	Seethalakshmi Ramaswami College, Trichy. 05.12.13	National
33.	Seminar on “ Malnutrition and its Impacts among Women-Effective Remedy through Herbals for Sustainable Health Care	ICMR	Periyar Maniammai University, Thanjavur. 24.01.14-25.01.14	National
34.	Symposium on “Access and Participation of Women and Girls to Nutrition and Health, Education & Training , Science & Technology”	NFI	Avinashilingam University for Women, Coimbatore, 13 <sup>th</sup> – 14 <sup>th</sup> March 2014	National
35.	Seminar on “Complementary Approach To Aspects And Applications Of Music And Yoga”	UGC	Seethalakshmi Ramaswami College, Trichy, 12.08.14-14.08.14	National



36.	Conference on "DEOCON'14"	TANDEA	Tamil Nadu Drugs Control Enforcement Officers Association, Trichy 16.08.14	State
37.	Seminar on "Smart Diet For Cardiac Health - Cardiac Care"	-	Holy Cross College, Thoothukudi, 6 <sup>th</sup> February-2015	International
38.	Workshop on "Innovative Curriculum Designing and Evaluation"	-	CDC, Bharathidasan University, Trichy 14.08.15	-
39.	Seminar on "Emerging Vogue In Food Habits And Processing" <b>CHAIRPERSON FOR THE TECHNICAL SESSION</b>	-	21.08.15, AIMAN College, Trichy	National
40.	Conference on "Futuristic Research in Nutrition And Dietetics" <b>CHAIRPERSON FOR THE TECHNICAL SESSION</b>	-	12.10.15, Jamal Mohamed College, Trichy	National
41.	Workshop On - Access To Web Resources	-	Internal Quality Assurance Cell And General Library, SRC -Trichy 5.12. 2015	Regional
42.	Workshop On - Yoga For Holistic Health		Department of Physical Education & Center For Ethics & Human Values, Seethalakshmi Ramaswami College, Trichy 14.12.15 to 19.12.15	Regional

43.	Conference on “Clinical Research (ICCR-2016)”	-	Srimathi Indira Gandhi College, Trichy,25.01.16	International
44.	Seminar on “Role Of Yoga And Technology In Enhancing Sports Performance And populace Health”	UGC	Urumu Dhanalakshmi College, Trichy,28.01.16-29.01.16	National
45.	Conference on “Recent Trends In Adolescent Nutrition And Reproductive Health Care” <b>CHAIRPERSON FOR THE TECHNICAL SESSION</b>	UGC	Avinashilingam University for Women, Coimbatore, Coimbatore,4.02.16-5.02.16	National
46.	Seminar on “Approaches in Rehabilitation- Research and Practices (A Quest for Innovation)”	ISARRP	Holy Cross College, Trichy, 04.04.16	International
47.	Workshop on “ Gender Friendly Policies and Initiatives in Higher Education Institutions”	ICSSR	Bharathidasan University, Department of Women Studies, Trichy, 30.04.2016	National
48.	Conference on “Nutrition Risk Management and Communication”	NSI	St.John’s Research Institute, St.John’s National Academy of Health Sciences, Bangalore, 4.11.2016 and 5.11.2016	National
49.	Seminar on “Conflict Management for Youth Development”	UGC	Centre for ethics and Human Values, Seethalakshmi Ramaswami College, Trichy, 22.12.2016 and 23.12.2016	National

50.	Seminar on” Innovative Textiles”	UGC	Department of Home Science, Seethalakshmi Ramaswami College, Trichy, 28.01.2017	National
51.	Congress on Renaissance in Sports- Strategies, Challenges and Choices	Ministry of Youth Affairs & Sports, GOI etc.,	Research Department of Physical Education and Sports Sciences, National College, Trichy, 10.02.2017- 11.02.2017	International
52.	Conference on Advances in Nutrition and Health Communication	Indian Council of Medical Research and Nutrition Society of India	Avinashilingam University and Shanthi Ashram, Coimbatore 03.08.2017- 04.08.2017	International

15. Papers / Posters presented

S. No	Paper / Poster presented	Topic	Sponsored / Organised	Place and date	Level
1	Use of ICT in the field of education – ‘AIDS Awareness’	Seminar on “Direction on strategies for quality management in accredited institutions: changing needs & educational concerns”	NAAC	S.R.C, Trichy, 23.02.2006 & 24.02.2006	Regional
2	Hidden hunger - Malnutrition <b>BEST POSTER AWARD</b>	Competition on “Towards a hunger free world”	Ministry of Food Processing Industries, Govt. of India	IICPT, Thanjavur, 16.10.2008 & 17.10.2008	-

3	A study on the food habits of autistic children	Seminar on “Nutritional Challenges – past, present & future”	Dept. of Food Science	Periyar University, Salem 27.2.2009	National
4	Enhancing knowledge and skills through the institutions of the community – a case study	Seminar on “Challenges of Quality Sustenance & Enhancement in Arts & science Education”	NAAC	S. R. C, Trichy. 11.8.2009 & 12.8.2009	National
5	Impact of Dietary intervention on the behavior of autistic children <b>BEST POSTER AWARD</b>	conference on “Economic Transition in Nutrition- Lifestyle Diseases & Health and Nutrition Wellness”	NSI	National Institute of Nutrition, Hyderabad, 11.11.2011 & 12.11.2011	National
6	Functional food supplement for the future of autistic children	Food Processing Technologies – Challenges & Solutions for Sustainable Food Security	Ministry of Food Processing Industries, Govt. of India	IICPT, Thanjavur, 04.01.2013 & 05.01.2013	International
7	Development and evaluation of a pulse based probiotic food for autistic children <b>BEST POSTER AWARD</b>	Advances in Biotechnology and Patenting	DBT, CSIR, ICMR, DRDO, Ministry of Earth Sciences, BDU, NABARD	BDU, Trichy. 18.02.13 - 21.02.13	International
8.	Nutritional Perspectives of yogic diet	Yoga towards Enhancement in Sports	UGC	S.R.C, Trichy. 26.09.13- 28.09.13	National
9.	Enhancing the Skills of the Autistic Children through Dietary Intervention	Art in Every Day Life	UGC	S.R.C, Trichy. 05.12.13	National

10.	Management of Autism through Nutraceuticals	Seminar on “ Malnutrition and its Impacts among Women-Effective Remedy through Herbals for Sustainable Health Care	ICMR	Periyar Maniammai University, Thanjavur. 24.01.14-25.01.14	National
11.	Prenatal & Postnatal factors in Autism – Need for Sensitization	Symposium on Access and Participation of Women and Girls to Nutrition and Health, Education & Training , Science & Technology		Avinashilingam University for Women, Coimbatore,13 <sup>th</sup> – 14 <sup>th</sup> March 2014	National
12.	Music Therapy in Autism Management	Seminar on Complementary Approach To Aspects And Applications Of Music And Yoga	UGC	Seethalakshmi Ramaswami College, Trichy,12,13,14 August – 2014	National
13.	Cardio Protective Effects Of Flax Seeds	Smart Diet For Cardiac Health - Cardiac Care		Holy Cross College, Thoothukudi,6 <sup>th</sup> February-2015	International
14.	Immuno Competency Of the Autistic Children	Clinical Research (ICCR-2016)		Srimathi Indira Gandhi College, Trichy,25 January-2016	International
15.	Role Of Antioxidants To Overcome Oxidative Stress In Athletes	Conference on Role Of Yoga And Technology In Enhancing Sports Performance And populace Health	UGC	Ururu Dhanalakshmi College, Trichy,28 <sup>th</sup> ,29 <sup>th</sup> January 2016	National
16.	Nutritional Management In Disability Sports	Conference on Role Of Yoga And Technology In Enhancing Sports Performance And populace Health	UGC	Ururu Dhanalakshmi College, Trichy,28 <sup>th</sup> ,29 <sup>th</sup> January 2016	National
17.	Prenatal and postnatal influences in autism	Recent Trends In Adolescent Nutrition And Reproductive	UGC	Avinashilingam University for Women,	National

	<b>SECOND PRIZE</b>	Health Care		Coimbatore, 4 <sup>th</sup> and 5 <sup>th</sup> feb 2016	
18.	Menarche and Menstruation in Rural Adolescent Girls	Recent Trends In Adolescent Nutrition And Reproductive Health Care	UGC	Avinashilingam University for Women, Coimbatore, 4 <sup>th</sup> and 5 <sup>th</sup> feb 2016	National
19.	Food Habits and Nutritional Status of Adolescent Girls	Recent Trends In Adolescent Nutrition And Reproductive Health Care	UGC	Avinashilingam University for Women, Coimbatore, 4 <sup>th</sup> and 5 <sup>th</sup> feb 2016	National
20.	Reproductive Health of the Rural Adolescent Girls	Recent Trends In Adolescent Nutrition And Reproductive Health Care	UGC	Avinashilingam University for Women, Coimbatore, 4 <sup>th</sup> and 5 <sup>th</sup> feb 2016	National
21.	Novel Food Supplements in the Treatment of Autism	Approaches in Rehabilitation-Research and Practices (A Quest for Innovation)	ISARRP	Holy Cross College, Trichy	International
22.	Functional Skill Development of the Autistic Children through Dietary Intervention <b>BEST PAPER AWARD</b>	Conference on “Nutrition Risk Management and Communication”	NSI	St.John’s Research Institute, St.John’s National Academy of Health Sciences, Bangalore, 4 <sup>th</sup> and 5 <sup>th</sup> Nov, 2016	National
23.	Conflict Management in the Families of Disabled Children	Seminar on “Conflict Management for Youth Development”	UGC	Centre for ethics and Human Values, Seethalakshmi Ramaswami	National

				College, Trichy,22 <sup>nd</sup> and 23 <sup>rd</sup> Dec 2016	
24.	Fabric Choice in Tactile Defensiveness	Seminar on” Innovative Textiles”	UGC	Department of Homescience, Seethalakshmi Ramaswami College, Trichy, 28.01.2017	National
25.	Whey Protein- The Way Forward for the Athletes	Congress on Renaissance in Sports- Strategies, Challenges and Choices	Ministry of Youth Affairs & Sports, GOI etc.,	Research Department of Physical Education and Sports Sciences, National College, Trichy, 10.02.2017- 11.02.2017	Internati onal
26.	Nutrition Awareness in Autism – A Sustainable Sensitization Approach	Conference on Advances in Nutrition and Health Communication	Indian Council of Medical Research and Nutrition Society of India	Avinashilingam University and Shanthi Ashram, Coimbatore 03.08.2017- 04.08.2017	Internati onal

#### 16. Articles Published

<b>S. No</b>	<b>ARTICLE TITLE</b>	<b>JOURNAL</b>	<b>YEAR</b>
1.	Development and evaluation of a pulse based probiotic food for autism	The Indian Journal of Nutrition and Dietetics Vol. 48, No.1 Saradalaya, Coimbatore	Jan 2011 ISSN: 0022-3174
2	Food preferences and food beliefs of autistic children	The Indian Journal of Nutrition and Dietetics, Vol. 48, No. 9, Saradalaya, Coimbatore.	Sep 2011 ISSN: 0022-3174
3	Impact of dietary intervention on the behavior of autistic children	NSI Newsletter, Vol.56	Society Reg. No.125 2012
4	Functional food supplement for the future of autistic children	Conference Proceedings, 3 <sup>rd</sup> INCOFTECH- 2013, IICPT,	4 & 5 Jan 2013 ISSN: 978- 81-

		Thanjavur. PP: 242-243	926250-0-3
5.	Nutritional Perspectives of Yogic Diet	Seminar Proceedings, Yoga towards Enhancement in Sports, Seethalakshmi Ramaswami College, Tiruchirapalli	26.09.13- 28.09.13 ISBN: 978-81-921759-6-6, pp- 70-74.
6.	Enhancing the Skills of the Autistic Children through Dietary Intervention	Seminar Proceedings. Art in Every Day Life, Seethalakshmi Ramaswami College, Tiruchirapalli	ISBN: 978-81-92288-2-9-1
7.	Behavioral Management of Autistic children through Intervention	The Indian Journal of Nutrition and Dietetics	April –June 2014 PRINT ISSN 0022-3174 ONLINE ISSN 2348-621X
8.	Music therapy in autism management	National Seminar proceeding 'Complementary Approach to Aspects and Applications of Music and Yoga 12.08.2014	978-81-921759-5-9 Pg. 14-18
9.	Food Behaviours Of The Autistic Children	Indian Journal of Applied Research	8 <sup>th</sup> August 2015 ISBN:2249-555X
10.	Role Of Antioxidants To Overcome Oxidative Stress In athletes	Conference proceedings Role of Yoga and Technology In Enhancing sports Performance And Populace Health	28 & 29 January 2016 ISBN:978-93-80622-03-3
11.	Nutritional Management In Disability Sports	Conference proceedings "Role Of Yoga And Technology In Enhancing sports Performance And Populace Health"	28 & 29 January 2016 ISBN:978-93-80622-03-3
12.	Novel Food Products in the Treatment of Autism	Academia and Society, Volume 3 Number 1,oct, 2016, Pp:96-100	ISSN 2393-9419
13.	Conflict Management in the Families of Disabled Children	Shanlax International Journals, Vol-, Special Issue. Dec, 2016	ISSN: 2321-788X



14.	Fabric Choice in Tactile Defensiveness	Shanlax International Journals, Vol-4, Special Issue.1, Jan, 2017	ISSN: 2321-788X
15.	Whey Protein- The Way Forward for the Athletes	Conference proceedings "Congress on Renaissance in Sports- Strategies, Challenges and Choices"2017, Pp: 263-267	ISBN:978-81-908942-0-3
16	Nutrition Awareness in Autism – A Sustainable Sensitization Approach	Conference Proceedings - International Conference on Advances in Nutrition and Health Communication, 2017	ISBN:978-93
17	Family Dynamics of the Disabled Children- An Analysis	Indian Journal of Applied Research, Vol-7, Issue-9 pp- 49-51	September- 2017 ISSN: 2249-555X

### 17. Books Published

S. No	TITLE	PUBLISHER	YEAR
1.	Promoting nutritional status and behavior of autism children by diet	LAP Lambert Publication, Germany	ISBN 978-3-659-18662-2 24.08.2012
2.	<b>DRIVE FOR EQUAL ACCESS</b>  Part II- Prenatal and Postnatal Factors in Autism –Need for Sensitization	Partridge India A Penguin Random House Company 1663 Liberty Drive Bloomington, INDIANA 47403 USA	ISBN 978-1-4828-5760-3 pp- 67-88 2015

### 18. Orientation / Refresher Course attended

S. No	Course	Title	Sponsor	Place and Date
1	Orientation	Educational technology	UGC	Academic staff college, B.D.U, Trichy, 19.05.2003 to 15.06.2003

2	Orientation	General orientation course	Society for Social Education and Research	Training, Orientation and Research Centre- National Service Scheme, Madras School of Social Work, Chennai, 23.06.2008-02.07.2008
3	Refresher	Educational technology	UGC	Academic staff college, B.D.U, Trichy, 1.11.2004 to 21.11.2004
4	Refresher	Life Sciences	UGC	Academic staff college, B.D.U, Trichy, 29.06.13-19.07.13
5	Refresher	Environment Sciences	UGC	Academic staff college, B.D.U, Trichy, 28.02.2015-20.03.2015

### 19. Faculty Development Programmes

S.No	Title	Organizer	Place and Date
1.	Enhancement of ICT Skills	IQAC	Seethalakshmi Ramaswami College, Trichy, 19.01.09-31.01.09
2.	“Access to Web Resources”	IQAC and General Library	Seethalakshmi Ramaswami College, Trichy, 05.12.15
3.	“NAAC Re- accreditation – Road Map to NAAC 2017”	IQAC	Seethalakshmi Ramaswami College, Trichy, 11.07.15

## 20. Resource person

S.No	Title	Event	Place and Date
1.	Soft Skill Management- A Simple trick to Success	RUSA Sponsored One Day National Workshop on Soft Skills for Career Development	Bharathidasan Government College for Women, Puduchery, 11.04.2017

## 21. Chairman Board of Studies

S.No	University	Board	Subject	Period
1.	Bharathidasan University	UG	Home Science	2012-2015
2.	Bharathidasan University	UG	Nutrition and Dietetics	2012-2015
3.	Bharathidasan University	PG	Food Service Management and Dietetics	2012-2015
4.	Bharathidasan University	UG	Home Science	2015-2018
5.	Bharathidasan University	UG	Nutrition and Dietetics	2015-2018
6.	Bharathidasan University	PG	Food Service Management and Dietetics	2015-2018

## 22. Member of Board of Studies

S.No	College	Board	Subject	Period
1.	Jamal Mohamed College	UG	Nutrition and Dietetics	2014-2016
2.	Jamal Mohamed College	PG	Nutrition and Dietetics	2014-2016
3.	Sri Sarada College for Women	UG	Home Science	2014-2016
4.	Jamal Mohamed College	UG	Nutrition and Dietetics	2016-2018
5.	Jamal Mohamed College	PG	Nutrition and Dietetics	2016-2018

### 23. Community Work through NSS

S. No	Date	Activity
1.	25.7.06	Adoption of the village Kumara Vayalur
2.	7.8.06 to 16.8.06	NSS special camp – theme- Healthy Youth For Healthy India- in the adopted village on the following <ul style="list-style-type: none"> <li>• Eye camp</li> <li>• Banana cultivation methods</li> <li>• Child health awareness</li> <li>• Veterinary camp</li> <li>• Nutritional welfare measures for children</li> <li>• Drug deaddiction cultural programme</li> <li>• Dental camp</li> <li>• Mushroom cultivation and vermicompost</li> <li>• Health education for school students</li> <li>• Herbal medicine for health</li> </ul>
3.	15.8.06	60 <sup>th</sup> Independence day celebration in the adopted village with the rural folk.
4.	13.9.06	First aid training to the volunteers.
5.	26.9.06	Introduction of project 'green hands' to the volunteers.
6.	23.2.07	Health awareness campaign at the adopted village.
7.	8.3.07	Personality development programme- women empowerment.
8.	15.8.07	61 <sup>st</sup> Independence day celebration at the adopted village.
9.	22.8.07	First aid training for the volunteers.
10.	17.9.07 to 26.9.07	NSS special camp at the adopted villages comprising of the following activities <ul style="list-style-type: none"> <li>• Maternal and child care</li> <li>• Plantation of tree saplings</li> <li>• Yoga for health</li> <li>• First aid in emergencies</li> <li>• Eye camp</li> <li>• Breast cancer awareness programme</li> <li>• Rain water harvesting</li> <li>• Drug deaddiction campaign</li> <li>• Dental camp</li> <li>• Mushroom cultivation</li> <li>• Veterinary camp</li> </ul>

11.	10.12.07	AIDS awareness rally in Trichy. Lecture on the future of HIV positives.
12.	18.12.07	Lecture on marital adjustments and women's law for the NSS students.
13.	12.1.08	"Healthy Pongal" celebration at the adopted villages.
14.	12.1.08	Lecture on environmental conservation at the village Mullikarumbur.
15.	21.2.08	Eye camp for the volunteers and students of S.R.C.
16.	9.2.08	"Adoption of CHEERS special school" – Beema Nagar for conducting coaching classes for the child labourers.
17.	6.3.08	Lecture on women's empowerment for the NSS volunteers.
18.	6.3.08	Entrepreneurship training activities <ul style="list-style-type: none"> <li>• Fur doll</li> <li>• Paper bag</li> <li>• Artificial jewel making</li> </ul>
19.	17.7.08	Blood donation awareness campaign
20.	22.8.08	Personality development programme – yoga and meditation.
21.	24.9.08 to 3.10.08	NSS special camp at the adopted village comprising of the following activities. <ul style="list-style-type: none"> <li>• Child welfare measures</li> <li>• Computer for the villagers</li> <li>• Bakery training</li> <li>• Nutrition education</li> <li>• Small family</li> <li>• Organic farming</li> <li>• Tree plantation</li> <li>• Dental camp</li> <li>• Eye camp</li> </ul>
22.	21.10.08	Mass tree plantation at the college campus and the adopted village.

## 24. Community Work through the Department

S. No	Activity	Place
1.	Dissemination of nutrition awareness to the rural women of Preschool Children	Angarai on 07.09.08, Pettavaithallai on 21.09.08 Thuraiyur on 12.10.08, Manachanallur on 26.10.08, Kulakudi on 07.12.08, Musiri on 21.12.08, Karumalai on 04.01.09, Thennur on 25.01.09

S. No	Date	Activity	Place
1.	08.09.12	Nutrition Education for the Adolescent Boys	Manachanallur
2.	09.09.12	Nutrition Education for the Elderly Women	Mathur
3.	08.09.12	Nutrition Education for the Mothers of Infants	Lalgudi
4.	11.08.12	Nutrition Education for the Lactating Mothers	Pannal, Vedharanym
5.	08.09.12	Nutrition Education for the Mothers of Infants	Posampatti
6.	08.09.12	Nutrition Education for the Elderly Man	Kadavampatty, Karur
7.	08.09.12	Nutrition Education for the Adult Women	Varaganeri
8.	08.09.12	Nutrition Education for the School going Girls	Lalgudi
9.	28.08.12	Nutrition Education for the Adult Man	Thuvarankurichy
10.	29.08.12	Nutrition Education for the Pregnant Women	Maruvaai
11.	01.09.12	Nutrition Education for the Mothers of Preschool Girls	Thottiyam
12.	01.09.12	Nutrition Education for the Mothers of Preschool Boys	Thottiyam
13.	01.09.12	Nutrition Education for the Lactating Women	Thottiyam
14.	11.08.12	Nutrition Education for the Mothers of Infants	Arivakudi
15.	08.09.12	Nutrition Education for the School Boys	Lalgudi

S. No	Date	Activity	Place
1.	31.08.13	Nutrition Education for Adults	Thathamangalam
2.	31.08.13	Nutrition Education for the mothers of Infants	Thathamangalam
3.	01.09.13	Nutrition Education for the mothers of Preschool Children	Thathamangalam
4.	01.09.13	Nutrition Education for Adolescents	Vadakkipatti

5.	01.09.13	Nutrition Education for School going Children (7-12 yrs)	Vadakkipatti
6.	29.08.13	Nutrition Education for the Elderly	Thiruvanaikovil
7.	01.09.13	Nutrition Education for the Nursing Mothers	Poonampalayam
8.	03.09.13	Nutrition Education for the Pregnant Women	Puluthipatti

<b>S. No</b>	<b>Date</b>	<b>Activity</b>	<b>Place</b>
1.	07.09.14	Nutrition Education to the School going children (girls) 6-12 years	Melkondaimpettai
2.	06.09.14	Nutrition Education to the Nursing Mothers	Mullaikudi
3.	04.10.14	Nutrition Education for the elderly man	Kavalkaranpattay
4.	06.09.14	Nutrition Education to the School going children	Meala Vanagaaram
5.	06.09.14	Nutrition Education to the Nursing Mothers	Mullaikodi,
6.	06.09.14	Nutrition Education to the School going children (Boys) 6-12 years	Mullaikodi
7.	06.09.14	Nutrition Education to the mothers of Preschool Girls	Thannerpalli
8.	06.09.14	Nutrition Education to the Pregnant women	Meala Vanagaaram
9.	07.09.14	Nutrition Education for the adult man	Aamoor
10.	06.09.14	Nutrition Education to the mothers of Infants	Meala Vanagaaram
11.	07.09.14	Nutrition Education for the Adolescent girls	Aamoor
12.	07.09.14	Nutrition Education to the School going Girls	Nangavaram
13.	06.09.14	Nutrition Education for the Adolescent Boys	Samayapuram
14.	06.09.14	Nutrition Education for the Adolescent Boys	Thinniyam
15.	06.09.14	Nutrition Education for the Pregnant Women	Meala Vanagaaram
16.	06.09.14	Nutrition Education for the mothers of Preschool Boys	Nangavaram
17.	06.09.14	Nutrition Education for the elderly women	Thinniyam
18.	06.09.14	Nutrition Education to the mothers of Infants	Nangavaram
19.	06.09.14	Nutrition Education for the adult women	Thinniyam
20.	06.09.14	Nutrition Education for the mothers of Preschool	Meala Vanagaaram

21.	06.09.14	Nutrition Education for the mothers of Preschool Boys	Theerampalayam
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S. No	Date	Activity	Place
1.	05.09.15	Nutrition Education for Adult man	Periyakarupur
2.	04. 09.15	Nutrition Education for the Pregnant Women	Ceylon Colony, Thanjavur
3.	05.09.15	Nutrition Education for the Lactating Mothers	Periyakarupur
4.	04.09.15	Nutrition Education for Preschool Children	Kapisthalam
5.	04.09.15	Nutrition Education for mothers of Preschool Children	Periyakarupur
6.	05.09.15	Nutrition Education for the mothers of Preschool Children	Cholarajapuram
7.	05.09.15	Nutrition Education for the School going boys	Kallanai
8.	05.09.15	Nutrition Education for the Adolescent Girls	Periyakarupur
9.	05.09.15	Nutrition Education for the elderly	Pudhukottai
10.	05.09.15	Nutrition Education for the Adolescent Boys	Pattukkottai
11.	05.09.15	Nutrition Education for the School Going Girls	Ayakkaran Pulam
12.	05.09.15	Nutrition Education for the Nursing Mothers	Periyakaruppur
13.	06.09.15 & 20.09.15	Nutrition Education for the Nursing Mothers	Mutharasanallur
14.	05.09.15	Nutrition Education for the Adult Women	Pannal, Vedharanyam

- **Breast feeding awareness to the nursing mothers of Trichy district 1<sup>st</sup> week of August**

S. No	Date	Activity	Place
1.	3.09.2016	Nutrition Education for Infants - 0-6 months	Vettaikkaraniruppu
2.	3.09.2016	Nutrition Education for Adult man	Lalgudi
3.	5.09.2016	Nutrition Education for Adolescent girls	Anbil
4.	4.09.2016	Nutrition Education for School going children	Edapadi
5.	3.09.2016	Nutrition Education for Adolescent boy	
6.	3.09.2016	Nutrition Education for Pregnant women	Trichy
7.	6.09.2016	Nutrition Education for school going girls	Kumbakonam
8.	3.09.2016	Nutrition Education for Pregnant women	Trichy
9.	3.09.2016	Nutrition Education for Adolescent boys	
10.	3.09.2016	Nutrition Education for School Children	Neyveli



11.	3.09.2016	Nutrition Education for Pre - School Children	Kabisthalam
12.	3.09.2016	Nutrition Education for Pre - School Children	Kabisthalam
13.	5.09.2016	Nutrition Education for Adolescent girls	T.Puthur
14.	5.09.2016	Nutrition Education for Adolescent girls	Thayanur
15.	5.09.2016	Nutrition Education for Pre School Children	Thayanur
16.	3.09.2016	Nutrition Education for school going Boys	Vettaikkaraniroppu
17.	3.09.2016	Nutrition Education for Lactating mothers	Trichy
18.	3.09.2016	Nutrition Education for Lactating mothers	Trichy
19.	3.09.2016	Nutrition Education for Adolescent boys	Kattukulam
20.	3.09.2016	Nutrition Education for Infants – 6-12 months	Thuraiyur
21.	3.09.2016	Nutrition Education for Pregnant women	Kulumani
22.	3.09.2016	Nutrition Education for Adult women	Trichy
23.	3.09.2016	Nutrition Education for Infants – 6-12 months	Trichy
24.	3.09.2016	Nutrition Education for Infants – 0-6 months	Vettaikkaraniroppu
25.	3.09.2016	Nutrition Education for School Children - Girls	Alambakkam
26.	3.09.2016	Nutrition Education for Lactating women(0-6 months)	Trichy
27.	3.09.2016	Nutrition Education for Lactating Women	Trichy

### **28. Professional Activities in college**

- Programme Officer in NSS of Unit V- 21.04.06-20.10.2009
- Served as College Union Vice – President (twice- 2005-2006, 2016-2017)
- College Staff secretary – 2013-2014
- Nodal officer- All India Survey on Higher Education since 2011
- Nodal Officer – University Grants Commission(UGC)
- Nodal Officer - Ministry of Human Resource Development(MHRD)
- Member - Internal Quality Assurance Cell(IQAC)

### **29. External expert / Academic Bodies**

- Examiner in UG and PG degree theory and practical examinations
  - Jamal Mohamed College, Trichy
  - V.V.Vanniyaperumal College for Women, Virudhunagar
  - Avinashilingam University for Women, Coimbatore
  - Bharathidasan Government College for Women, Puducherry
  - Dr. NGP Arts and Science College, Coimbatore
  - Mother Teresa Women's University, Kodaikanal
- Examiner for M.Phil Dissertation evaluation and Viva – voce-
  - Bharat College of science and management, Thanjavur
  - Dr.NGP Arts and Science College, Coimbatore.
  - Bharathiar University, Coimbatore.

Examiner for PG Dissertation evaluation

- Bharathidasan Women's College, Puducherry

Subject expert for question paper scrutiny- Jamal Mohamed College, Trichy

- Subject expert for course approval and Review Commission
  - I yr B.Sc., Nutrition and Dietetics, Government Arts College, Kulithalai
  - I yr B.Sc., Nutrition and Dietetics, Cauvery College for Women, Trichy
  - II yr B.Sc., Nutrition and Dietetics, Cauvery College for Women, Trichy
  - I yr B.Sc., Home Science, Karur Vellar College of Arts and Science, Karur
  - II yr B.Sc., Home Science, Karur Vellar College of Arts and Science, Karur
  - I yr B.Sc., Nutrition and Dietetics, Bishop Heber College, Trichy
- Appointed as Examiner for TNPSC- Competitive Examination
- Nominated as the member of General Council in State Early Childhood Care and Education, ICDS, Government of Tamil Nadu
- Expert for academic board of Holy Cross College for Bachelor of Vocation course in Food processing for UGC sponsored KAUSHAL- 11.09.2015
- Counsellor for the courses – CFN, CNCC, DNHE at the IGNOU Study Centre, Trichy, Since 2010
- Served as Guest lecturer in Nutrition for B.Sc., Optometry- 2013
- Membership in Professional Bodies
  - Life Member of Home Science Association of India
  - Life Member of Nutrition Society of India
  - Life Member of Regional Association for Women's Studies
- Referee for Journal of Autism & Developmental Disorder
- Appointed as Presiding Officer for the Tamil Nadu General Legislative Assembly Election 2016
- Ph.D Guideship- 19.1.2015
- Nutrition Consultant for The Dolphin Special School, Trichy since- 2012
- Nutrition Consultant for The Pravaag Transitional Centre, Trichy since 2012

### 30. Invited Guest Lectures/ Resource Person

S.No	Date	Topic	Programme	Place
1.	10.01.03	Judge	29 <sup>th</sup> Jawaharlal Nehru State Level Science Exhibition	Vestry School, Trichy.
2.	12.04.04	Kodai Kalathirkkettra	Live Phone - in –	AIR, Trichy.

		Unavu Muraigal	Programme	
3.	28.07.04	Kaalan Unavu Thayarippu	Interview	AIR Trichy.
4.	3.08.05	Nutrition Awareness	Variety Programme	AIR Trichy.
5.	18.07.05	Nutrition Awareness through Variety Programme	Talk in AIR	AIR Trichy.
6.	22.08.06	Sathu Kedamal Samaikkum Muraigal	Radio Talk	AIR Trichy.
7.	27.09.06	Balanced diet for Balanced Health	Lecture on for the parents of the differently abled children	Special school NEST
8.	4. 12.06	Health Dimensions	Lecture for YRC Volunteers	Seethalakshmi Ramaswami College, Trichy
9.	21.08.07	Peptic ulcer	Lecture for YRC	Seethalakshmi Ramaswami College, Trichy
10.	15.01.08	Buster Cholesterol for a CVD Free Life	Association Meeting, Department of Hospital Administration	Seethalakshmi Ramaswami College, Trichy
11.	08.02.08	Health for Youth	Lecture for YRC	Seethalakshmi Ramaswami College, Trichy
12.	8.03.08	Served as a judge	Cookery contest conducted for the parents of the special children	The Dolphin Special School, Trichy
13.	14.9.09	Served as a judge	Cookery contest conducted for the parents of the special children	The Dolphin Special School, Trichy
14.	29.12.09	Healthy Diet for Immunity – Compromised Patients	Interview	AIR Trichy.

15.	23.01.10	Nutrition Intervention for the Autistic Children	Parents Meeting	The Dolphin Special School, Trichy.
16.	28.08.10	Nutrition for Health	Training in House Management – National Institute for the Visually Handicapped	Holy Cross College, Trichy.
17.	13.10.11	Diet for Autism	Continuing Rehabilitation Education Programme on Inclusive Education and Autism Spectrum Disorder	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
18.	18.11.11	Balanced Diet & Macronutrients	Training for master trainers of SABLA Programme	Ward office, Woraiyur, Trichy.
19.	23.11.11	Balanced Diet & Macronutrients	Training for master trainers of SABLA Programme	Ward office, Woraiyur, Trichy.
20.	12.01.12	Diet Consultation for the Elderly	Elders Day Celebration	Department of Social Welfare, Collectrate, Perambalur.
21.	21.01.12	Diet for Anaemia	Anaemia Deduction Camp	Kajamalai Ladies Association at Infant Jesus High School, Trichy.
22.	17.03.12	Diet Provision for Autistic Children	Continuing Rehabilitation Education Programme on Inclusive Education and Autism Spectrum Disorder	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
23.		Nutrition Week	Variety Programme	AIR Trichy
24.	12.01.13	Balanced Nutrition for Children with Autism	One Day Workshop for Autistic Children	Pravaag, Transitional Centre for children with Autism, Trichy
25.	02.02.13	Food and Nutritional Structure for Children with Autism (Under	One – Day Training	The Dolphin, Special School & Centre, Trichy.

		Regional State Resource Training Centre)		
26.	08.02.13	Impact of Nutrition in the life of Girl Child	District Level Seminar on Protection of Children & Women	Department of Social Welfare, Collectrate, Perambalur.
27.	21.03.2013	Adolescent Nutritional Needs	Life skill training programme, ICDS.	Poonampalayam Higher Secondary School, Mannachannalur.
28.	17.04.13	Dietary counselling	Children with cerebral palsy and autism	The spastics society of Tiruchirapalli, Trichy
29.	16.08.13	Food habits, nutrition and feeding of children with severe disabilities	One day seminar	Dept. of rehabilitation science and special education and CBM, Holy cross college, Trichy
30.	04.09.13	Women's health and nutrition security	National nutrition week	Women's studies centre and NSS, Holy cross college, Trichy
31.	04.09.13	Judge for cooking competition	National nutrition week	Women's studies centre and NSS, Holy cross college, Trichy
32.	06.11.13	Diet Therapy for Children with Autism	Continuing Rehabilitation Education Programme on Inclusive Education and Autism Spectrum Disorder	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
33.	08.03.14	Food and Nutrition Management for Autism	Parent Training Programme	The Dolphin, Special School & Centre, Trichy
34.	02.04.14	Role of nutraceuticals in Safeguarding Health	One day Seminar	Indian Pharmacist Association's Women's Forum and Department of Biotechnology, PABCET, Trichy
35.	17.07.14	Health Benefits of Synbiotics	Nutrition and Dietetics Association	Jamal Mohamed College, Trichy

36.	03.09.14	Judge, Miss. Nutrition Competition	Hospitality Club	Cauvery College for Women, Trichy
37.	26.11.14	The essentials of Nutritious Diet for children with Autism	Parent Training Programme	Pravaag Transitional Centre and School for Children with Autism
38.	12.12.14	Diet Therapy for Children with Autism	Continuing Rehabilitation Education Programme on Inclusive Education and Autism Spectrum Disorder	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
39.	09.01.15	Nutrition for the Special Children	Awareness programme for the Parents	Holy Cross, NEST, Trichy
40.	18.04.15	Nutrition as an Adjunct Therapy	Awareness programme for the Parents	The Dolphin, Special School & Centre, Trichy
41.	18.04.15	Judge for Cookery competition	Millet recipes- By the Parents	The Dolphin, Special School & Centre, Trichy
42.	26.06.15	Food and Nutrition	MBA students	St. Joseph's Institute of Management, Trichy
43.	04.07.15	Food Habits, Nutrition and Feeding of Children with Severe Disabilities	Parent Training Programme	Holy Cross College, Trichy
44.	01.10.15	Nutritional Management of Anaemia	Lecture for YRC Volunteers	Seethalakshmi Ramaswami College, Trichy
45.	12.06.16	Micronutrients for Women	Talk in AIR	AIR AM, Trichy
46.	15.06.16	Identification of the Differently Abled Children and their Nutritional Needs	Anganwadi Workers, Early Childhood Care and Education Day	Krishnarayapuram, Karur.
47.	19.06.16	Millets and Antioxidants	Talk in AIR	AIR AM, Trichy
48.	21.06.16	Nutrition for the Preschool Children	Anganwadi Workers, Early Childhood Care	Mannachanallur, Trichy

			and Education Day	
49.	02.07.16	1. Nutrition and Health Intervention, Importance of Nutrition 2. Importance of Micronutrients	Anganwadi Workers, Early Childhood Care and Education Day	Mannachanallur, Trichy
50.	16.07.2016	Health and Nutrition	MBA Students	St. Joseph's Institute of Management, Trichy
51.	03.09.2016	Food as Medicine	Talk Show	AIR FM, Trichy
52.	23.09.2016	Dietary needs of the Special Children	Interaction with the parents	Sri Sivananda Balalaya, Trichy
53.	22.02.2017	Food choices for the students who face the examinations	Live broadcast	AIR FM, Trichy
54.	24.02.2017	Diet Consultation	Public- Eye and Health Awareness Programme	Bharathidasan University Model College, Enamkulathur
55.	03.03.2017	Autism Meal Management	Nutrition education for the parents	Pravaag, Trichy
56.	04.03.2017	Nutrition for the Autism Children	Nutrition education for the parents	The Dolphin, Special School & Centre, Trichy
57.	05.03.2017	Health Benefits of Millets	Traditional Food Festival- ICDS	Kalaiarangam, Trichy
58.	06.04.2017	Perspectives for Higher Studies	Education Motivational Programme - Tenth Standard Students	Savithri Vidyasala Girls Higher Secondary School, Trichy
59.	12.07.2017	Nunnootta Sathukkal Udalukku Avasiyama? Part I	Public nutrition awareness through media	AIR, Trichy
60.	19.07.2017	Nunnootta Sathukkal Udalukku Avasiyama? Part II	Public nutrition awareness through media	AIR, Trichy
61.	29.07.2017	Nutritional Management for children with special needs	Nutrition education for the parents	INTACT special school
62.	28.08.2017	National Nutrition Week	Public nutrition awareness through media	AIR, Trichy