

SEETHALAKSHMI RAMASWAMI COLLEGE

(Autonomous)

Affiliated to Bharathidasan University
Tiruchirappalli

Accredited with A+ by NAAC (4th cycle)



Vasantham Fitness Club

cordially invites you to

Stretch to Rhythm *An Aerobic Workshop for Hostel Students*

Dr.D. BOOPATHY

M.P.Ed., M.Phil., NIS., Ph.D.

Assistant Professor

Department of Physical Education & Sports Sciences
National College, Tiruchirappalli.



Date : 27/12/2023

Time : 4.00 p.m. - 5.15 p.m.

Venue : Manicka Vinayagar Open-Air Theatre